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Subject group	Faculty	Physical Education
	Subject	KS3 PE Year 7

ar 7		Term Aut 1 Unit 1	Term Aut 2 Unit 2	Term Spr 1 Unit 3	Term Spr 2 Unit 4	Term Sum 1 Unit 5	Term Sum 2 Unit 6
Ye	Unit title	Curriculum / Syllabus coverage Year 7 Try Something New - Discover & Enjoy	Curriculum / Syllabus coverage Esablishing expectations and routines, introducing invasion games and fitness testing.	Curriculum / Syllabus coverage Maintaining high expecations and introducing new curriculum rotation. Apply rules and refine skills.	new curriculum rotation. Identify strengths	Curriculum / Syllabus coverage Maintaining high expecations and introducing new curriculum rotation.	Curriculum / Syllabus coverage Maintaining high expecations and introducing new curriculum rotation. End of
	eveloped / revised	local community. Assessment period will last 4-5 weeks for all mainstream	Recall, understand and copy basic skills, rules and tactics. Analyse their performances and demonstrate improvement to achieve their	Develop understanding and combine effectively skills, rules and tactics. Analyse their performances compared to previous term and demonstrate	and weakness in performance. Recall and develop understanding, and effectively combine skills, rules and tactics. Some students may be able to officiate small	Leading or officiating parts of the PE lesson. Develop understanding of rules regulations and techniques in Athletics. Track & Field, Striking and fielding, Rounders,	summer rotation. Evaluate success. Develop their technique and improve their performance in other competitive sports, for example athletics and striking and fielding.
	dge intr	development and skills learned in key stages 1 and 2, become more competent, confident and expert in their techniques, and apply them across different sports and physical activities. All lessons at KS3 will have a Health and fitness element.	Cross Country, Invasion Games, Netball, Football, Handball, Hockey /Uni- Hoc, Lacrosse, Basketball, Dodgeball, Endball/benchball, Rugby, Swimming - water confidence and basic,	improvement to achieve their personal best, through fitness tests and the winter rotation of activites eg Cross Country, Invasion games, Netball, Football, Handball, Hockey /Uni- Hoc, Lacrosse, Basketball, Dodgeball, Endball/benchball, Rugby, Swimming, Trampolining, Gymnastics	sided games. Analyse their performances compared to previous term and demonstrate improvement to achieve their personal best, through fitness tests, show how to outwit an opponent in a competitive situation - Invasion Games, swimming Trampolining, Gymnastics	softball, Cricket, Net and wall, Badminton, Tennis, Table tennis, Short tennis, Volleyball	Take part in outdoor and adventurous activities which present intellectual and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems.
	skils developed / extended / used			Taking part in house games, leading warm ups and drills in lesson. Organising equipment and working in small groups independently.	Reflect on fitness tests and consider how healthy choices can help maintain and heathly mind and body.		Students Knowlege and understanding of the summer activities should be embedded in order to successfully apply in sports day activities.
	- u a - o -	Create links with community clubs to open up pathways.	All students representing the school in fixtures and major competitions are made aware and help develop a respectful attitude inclusive of all team members.	All teams and extra curriculur clubs are open to everyone who makes up our school community.	Teams captains /Vice Captains are selected on merits that foster respect and positive attitudes toward all.		
	Links to 'Destinations and Employability'		Skills such as leadership, self motivation, team work, communication skills and evaluation skills are all developed and important in a work environment.	A linear approach to the theory "Exam" content started and assessed in year 7. This supports the development and understanding of theory aspects surrounding exam options at KS4 and allows both students and teachers a better understanding of the ability of the students to recall and apply knowledge. This will allow students to make a more informed decision in the "Application" process at the end of KS3.	Theory: Recall the names of bones and muscles. Homework: Recall the importance of a warm up and how to apply a warm up.	Theory: Recall the names of bones and musles. Homework: Recall the importance of a warm up and how to apply a warmup. Effects of exercise on the body.	Theory: Recall the names of bones and musles. Homework: Recall the importance of a warm up and how to apply a warmup. Effects of exercise on the body. Application of effective stretches idetifying bones and muscles.
	Enrichment Opportunities offered or developed	9	Take part in competitive sports and activities outside school through community links or sports clubs.	They will develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life, and understand and apply the long-term health benefits of physical activity.	Seasonal extra-curricular clubs start. Established Teams and local, district and national opportunities for competition.	Sports day. House, school and external competitions.	Rewards trip and celebration events. House, school and external competitions.

Subject group	Faculty	Physical Education
	Subject	KS3 PE Year 8

8 z		Term	Aut 1	Unit	1	Term	Aut 2	Unit	2	Term	Spr 1 Un	nit	3	Term	Spr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit	6
Yea	Unit title		Curriculum	/ Syllabus cov Year 8	rerage			yllabus covera		Cur Maintaining hi	riculum / Sylla	3				yllabus cover			culum / Sylla high expeca		age		iculum / Syllal g high expecat		
	Office title			Develop h Commitme	ent	_		mes and fitne		curriculum rot			•	_	lum rotatio	n. Identify st		introducing	new curricul officiating par	um rotatio		introducing	new curriculu		End of
	Subject Knowledge introduced / developed / revised	skills learne confident at across diffe KS3 will hav learning hor fitness tests with thier p	ed in key stages nd expert in the grent sports and we an Health and w to correctly as and experience only sical and me ers run, Yoga, E	a 1 and 2, beco eir techniques, d physical activ d fitness elem administer, tak the other activit antal wellbeing	cal development and me more competent, , and apply them rities. All lessons at ent. Students will ce part and evaluate ties that will help e eg, Bleep test / YoYo ent, Wellness and	development become mo in their tech winter rota Country - se Swimming o	nt and skills ore compete hniques, and ition of invas et targets to diving and tu	learned in ye int, confident d apply them i sion. games. beat from las umble turns a	ar 8 to and expert in the - X st year - dded to	Analyse their pones and dempersonal best, rotation of act games, Netbal Lacrosse, Bask Rugby, Swimm Recall, underst rules and tacti	onstrate impro through fitnes ivites eg, Cros I, Football, Har etball, Dodgeb ing, Trampolin tand and comb	ovement to ac as tests and th as Country, Inv ndball, Hockey ball, Endball/b ning, Gymnast	chieve their ne winter vasion y /Uni- Hoc, enchball, ics	previous on to achieve t tests and th Cross Count Invasion gar /Uni- Hoc, L Endball/ben Trampolinin	es and dem heir person he winter ro try, mes, Footba acrosse, Ba nchball, Rug ng, Gymnasi erstand and	all, Handball, asketball, Do gby, Swimmin tics, I combine eff	provement ugh fitness ivites eg, Hockey dgeball, ng,	Cricket, Net	ack & Field fielding, Rou and wall, Ba s, Short tenni	dminton, T	Tennis,	performand example at part in outd which presi challenges	eir technique ce in other cor hletics and str door and adve ent intellectua and be encour ing on trust and blems.	npetitive spo iking and field nturous activ Il and physica raged to work	rts, for ding. Take ities I
	skills developed / extended / used	Students use a range of tactics and strategies to overcon opponents in direct competition through team and indivigames [for example, badminton, basketball, cricket, foot hockey, netball, rounders, rugby and tennis]. Confident students/ sports captains are encouraged to drills and learn how to officiate. All aspects involved in				performand principles to will be taug	ce effective a o their own a ght and appli	d what makes and how to ap and others' w ied through t he end of eve	oply these ork. This heir	Taking part in drills in lesson small groups in		quipment and													
	Opportunities to develop 'Respectful attitudes' / Inclusion and Diversity	drills and le working as	arn how to off	ciate. All aspe n be in class, a		and major o	competitions op a respectf	ng the school s are made av ful attitude in	vare and	All teams and everyone who					foster resp	Captains are sect and posit									
	Links to 'Destinations and Employability'	Encouraging	g being organis	ed and on time	e to lessons.	work, comn	munication s eloped and ir	o, self motivat kills and evalu mportant in a	work	A linear appro started in 7 is a understanding options at KS4 more informed at the end of K	developed, inc of theory aspo . This will allow d decision in th	reasing the ects surround v students to i	ing exam make a		ecall the im	mes of bone portance of rm up.		musles. R up and how	call the name ecall the impo to apply a w on the body.	ortance of	a warm	offical. Rec and how to exercise on	les and respoi all the import apply a warm the body. A retches idetify	ance of a war up. Effects of pplication of	rm up of
	Enrichment Opportunities offered or developed	year and co	ntinue to take	part in compe	set goals from last titive sports and unity links or sports		ool through	e sports and a community li		They will deve involved in exe school and in I long-term hea	ercise, sports a ater life, and u	ind activities o	out of d apply the	Established	teams and	ar clubs stari local, distric for competit	t and	House, scho	ool and exterr	nal compet	titions.	House, scho	ool and extern	al competitic	ons.

Subject group	Faculty	Physical Education	
	Subject	KS3 PE	

6 -		Term	Aut 1	Unit	1	Term	Aut 2	Unit	2	Term	Spr 1	Unit	3	Term	Spr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Jnit 6
Yea	Unit title			m / Syllabus c		Maintaing on previous embed the learned in	expectation s knowledge physical de years 7 & 8. a and compa	velopment a	es. Building build on and and skills rould be able	Maintaining skills effective and techique	es in order to Take part in fit	and routine ed situation effectively o	s. Combine ns, apply skills	Maintating I	high expeca lum rotatio ess in perfor	llabus cover itions and in n, identify si mance and red.	troducing trengths		•	<u> </u>	ition fot I	Re-group of		is coverage GCSE/BTEC sets. be assessed at
	Subject Knowledge introduced / developed / revised	skills learne confident a across diffe KS3 will hav learn how t fitness tests with thier p YoYo test /	ed in key stag and expert in the grent sports and we an health and so correctly and so and experiently sind and not and not and not and and not and	es 1 and 2, be their technique nd physical action of these eled minister, takence other actionental wellbei Yoga, Body mental son ental mental	rsical development an come more competes, and apply them twities. All lessons at ment . Students will part and evaluate vities that will help ng. eg. Bleep test / anagement, Wellness	their techn different sp lessons at lelement . S administer, and experie with their l Personal su squences fi to officiate apply rules	i. Become co iques, and a ports and pl KS3 will have tudents will , take part a ence other a health and v urvival, Trai rom the GCs with confide and tactics	onfident and apply them a hysical activi e a health a Il learn how	l expert in across ties. All nd fitness to correctly fitness tests tw will help Swimming eating mes, be able eate and	years and do their person winter rotati challenging t Invasion gan /Uni- Hoc, La Endball/ben Gymnastics	argets. nes, Netball, F acrosse, Baske chball, Rugby,	nprovement gh fitness te s eg, Cross C ootball, Har tball, Dodge Swimming,	t to achieve ests and the Country, setting andball, Hockey	compared to improvementhrough fitn of activites of Invasion gar Hockey /Un Dodgeball, E	o previous y nt to achiev less tests ar eg, -X Coun mes, Netba i- Hoc, Lacr Endball/ber Trampolinir and combin	try, II, Football, osse, Basket chball, Rugb ng, Gymnast	emonstrate onal best, r rotation Handball, ball, by, ics, Recall,	Athletics, Tra Striking and f Cricket, Net a Table tennis,	ielding, Rour ind wall, Bad	lminton, Ter	all, E nnis, t s t t	Become mor techniques a sports and pi understand v effective and to their own develop the involved in e of school and	e confident in nd apply them hysical activitie what makes a p I how to apply and others' w confidence and xercise, sports d in later life, u g-term health	a across different es. They should performance these principles ork. They should d interest to get and activities ou understand and
	skills developed / extended / used	Students use a range of tactics and strategies to overcom opponents in direct competition through team and indivic games [for example, badminton, basketball, cricket, footb hockey, netball, rounders, rugby and tennis].				performand principles t will be taug	ce effective to their own ght and app	nd what make and how to and others' lied through the end of e	apply these work. This	drills in lesso	-	g equipment	varm ups and t and working in		ng roles in knowledge ports and w		oorts. This standing in				ļ 5	knowlege, de selections. T		neir "application" e opportunity to
	Opportunities to develop 'Respectful attitudes'/ Inclusion and Diversity	Sports captains are encouraged to help out officiating sch fixtures and organising teams . All aspects involved in working as a team. This can be in class, as part of the scho teams or in the wider community.				and major	competitior op a respect	ns are made			d extra currici no makes up o				foster respo	aptains are : ect and posit								
	Links to 'Destinations and Employability'	-	s week, to hi		during the run up to ial pathways into a	work, com	munication	ip, self motiv skills and ev ng a range o	aluation skills	- Effects of e	pel the circulat xercise on the v the pulse ra	heart.	piratory system - itness.	Theory : Re and skill rela		derstand the nents of fitr		Theory: Recall the na - Recall the ir how to apply Effects of exe	nportance of a warm up.	f a warm up	es E and e	exercise phy	iscally and me of effective stre	term effects of ntally. etches idetifying
	Enrichment Opportunities offered or developed	previous ex to take part	perinces to s t in competiti	et goals from	B, reflecting on last year and continue activities outside orts clubs.		nool through	ve sports an		involved in e school and ir	xercise, sport	s and activit d understan	interest to get ties out of nd the long-term	Seasonal ex Established national opp	Teams and	local, distric	t and	House, schoo	l and externa	al competiti	ions. I	House, schoo	ol and external	competitions.

Subject group	Faculty	P.E
	Subject	Year 10 KS4 GCSE PE

r 10		Term Aut 1	Unit	1			Jnit 2	2	Term		Unit	3		pr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit 6
Үеаг	Unit title		um / Syllabus cove d function of the sl	- V	Currio The structure	culum / Syllab and function		er l	Movement a	iurriculum / S inalysis	yllabus cove	erage	Curricult The cardiovascu		bus covera	•		riculum / Syll exercise on b				• •	bus coverage jury prevention
					system												component	ts of fitness					
	ledge iced / vised	Introduced - Functions of movement, compone			Introduced - the Key muscle gro		iscle in movem	-	Introduced - axes of rotat	 lever system tion. 	is, planes of	movement,	Introduced - Str cardiovascular a					l - Short/long	•	ts of			f training, training ool down, injury
	<now trodu d / re</now 	Developed - Location of	f major bones		Developed - Lo					Lever locatio			Developed - Pat		olood and	air. Aerobic	-	- Fitness tes	ting and key	/	prevention.		Developed -
	ject l in: lope	Revised - none			muscular and s Revised - Strue					les. Mechanio rucutre and fu			and anaerobic es Revised - Lever		planes and	axes of	protocols. Revised - C	ardiovascula	r and respir	atory	down.	effective war	m up and cool
	Sub				system.			ı	muscular sys	stems.			rotation.				systems.				Revised - Ef components	fects of exerc s of fitness.	cise and
	oed / used	Developed - Practical sk indentification and reca		ports, Extended -	Developed - P indentification					Practical skill on and recall			Developed - Pra sports, indentific					- Practical sl entification a					lls for 3 chosen d recall of key
	velop ed /	Application of knowledg			Extended - Ap		•						Extended - Appl			•	terms.			•	terms.		•
	skills developed extended / use	Used - Literacy and Rea	iding		sporting exam Used - Literacy		7			mples + exter		r questions.	practical sportin answer question		es + exten	ded		Application orting exam	,	-			f knowledge to les + extended
	skil				OSCU Elteracy	y ana neading	•		OSCU EICEIG	icy and ricadi	''5		Used - Literacy a		ng		answer que	estions.	•	iucu	answer que	stions.	
																		racy and Rea	ŭ			acy and Read	•
	relop relop sctful des'/ and resity	Establishing the high ex This includes practical a			Establishing th P.E students. T				_	the high expe			Maintaining the P.E students. Thi					g the high ex udents. This			_		ectations for all ncludes practical
	pportur to dev 'Respe attitud nclusior Dive	ethic.	ma theoretical exp	ceations and work	theoretical exp					and work eth		neoretical	theoretical expe					tical expecat					ons and work ethic.
	0 s = -/	Anatomy and physiolog	n physical traini	ng contont can bo	Anatomy and	nhusiologu I	nhysical traini	ing	Anatomy an	d physiology	ı nhycical tı	raining content	Anatomy and ph	avciology.	ı physical	training	Anatomy	nd physiolog	v i physica	l training	Anatomy an	d physiology	+ physical training
	inks t ation an abilit	linked to many careers	.,	•			any careers wit	_		d to many car			content can be l	, ,,						_		. , .,	many careers withi
	Li Jestin Iploy;	KS5 BTEC Sport Unit 1 co	ontent.		the sports indu		o KS5 BTEC Spo	ort i	industry + lir	nks to KS5 BTE	C Sport Uni	t 1 content.	the sports indus Unit 1 content.	try + links	to KS5 BT	•	the sports i Unit 1 cont	industry + lin	ks to KS5 B	ΓEC Sport	the sports in Unit 1 conte		s to KS5 BTEC Sport
	Ē, Ē																						
	ment nities ed or oped	All GCSE pupils expected their 3 chosen sports in:			All GCSE pupils extracurricular					ils expected t		tracurricular and outside of	All GCSE pupils e extracurricular o					upils expecte				pils expected	to attend their 3 chosen
	Enrich Opportu offer devel	and a sussen sports in	and and outside o		inside and out				school.	2 2336.1 3		22 22.3.00 01	inside and outsid					de and outsic				e and outside	

Subject group	Faculty	P.E
	Subject	Year 10 KS4 BTEC Sport

ar 10		Term	Aut 1 Curriculum	Unit / Syllabus	1	Term	Aut 2	Unit Syllabus cove	2		Spr 1	Unit	3	Term	Spr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit 6	
Yea	Unit title	Compone		• •	C Tech Award in Sport		t 1 + Comp		EC Tech Award		1 + Compon	•	C Tech Award in		nt 1 + Con	nponent 3 (I in Sport)			nt 1 + Compo Award in S	nent 3 (BT				nent 3 (BTEC Tecl	1
	Subject Knowledge introduced / developed / revised	activity.	- Needs of diffe		sport and physical		ical activity rriers.	Developed	ion + access to - Method to	Introduced - Developed - Revised - Bar	Benefits/limi	itations of to		Introduced Developed Revised - Ed	Structure	of a warm i	up + benefits	Developed different inc		varm up fo		skill related	fitness. - How each fit rt.	of physical and ness component Revised -	is
	skills developed / extended / used	Extended - examples.	- indentificatio Application of l racy and Readin	knowledge	ll of key terms. to practical sporting	terms. Extended - sporting ex	Application		call of key	Extended - A	pplication of nples.	f knowledge	ll of key terms. to practical	Developed - terms. Extended - practical spo Used - Litera	Application orting exan	of knowled	,	terms. Extended - practical spo	indentificati Application of orting example acy and Readi	f knowled les.	ge to	Developed terms. Extended - practical sp	- indentificatio		žy
	Opportunities to develop 'Respectful attitudes' / Inclusion and Diversity	Establishing the high expectations for all BTEC Sport students. This includes theoretical and private study expecations and work ethic.					ents. This in	xpectations cludes theor ons and wor	retical and		s includes the	eoretical an	r all BTEC Sport Id private study	Establishing Sport stude private stud	nts. This inc	ludes theo	etical and		students. This and private st	includes		BTEC Sport	students. This and private st	ectations for all includes udy expecations	
	Links to 'Destinations and Employability'		ent 1 & 3 conte sports industry	inked to many career C courses		ers within th	ontent can b ne sports ind					inked to many (S5 BTEC courses		rs within th			All compone to many car KS5 BTEC co	eers within th				eers within th	ent can be linked e sports industry		
	Enrichment Opportunities offered or developed	All BTEC pupils expected to attend extracurricular clul experience a variety of sports.						ed to attend o experience		All BTEC pupi clubs to expe				All BTEC pup extracurricu sports.					oils expected lar clubs to e				pils expected t ular clubs to ex	o attend sperience a varie	у

Subject group	Faculty	PE
	Subject	Year 11 GCSE PE

Year 11		Term	Aut 1	Unit	1	Term	Aut 2	Unit	2	Term	Spr 1	Unit	3	Term	Spr 2	Unit	4	Term	Sum 1	Unit	5	Term	Sum 2	Unit	6
	Unit title	Enga		lum / Syllab etterns of dif	us coverage ferent social groups.	_	urriculum / alisation in	Syllabus cov sport	erage			/ Syllabus o		Curr Sports pysch		yllabus cove uidance/fee	_	Cur Health, fitr		yllabus cover ell-being	rage	Curr Revision	riculum / Sy	llabus cove	rage
	Subje nowled, roducec velopec revis	factors.	- Strategies		trends + participation prove participation.	sport + spo triangle. +,	onsorship	Develo sponsorship	ts of media on ped - Golden o on sport.	violence in	sport. - Effects of	f performan	, reasons for ce enhancing drugs	Introduced mental prep Developed - Revised - Et	oaration - Types of g	guidance ar	nd feedback		being phys I - Diet and			- Extended markschen	l - Revision to answer techne explorational	hniques + on	Developed ntent
	velo led /	indentificat	tion and rec of knowled	call of key te dge to practi	nosen sports, rms. Extended - cal sporting examples.	indentifica Extended answer qu	tion and red - Application	call of key te n of knowled		indentificat	tion and rec Application estions.	call of key te n of knowled	rhosen sports, erms. dge + extended		ntification Application stions.	and recall on of knowled	chosen of key terms. dge + extend	sports, ind terms.	entification Application	n of knowled	f key	sports, indeterms. Extended - extend ans	- Practical sentification Application wer question racy and Res	and recall on of knowledons.	of key
	uniti evel pecti udes udes on al		n could be	_	ups and considering how . age, gender, ethnicity,	P.E studen	ts. This incl	expectations udes practic ns and work			er the bene	fits of displa	violence in sport aying sportsmanhip	Maintaining P.E students theoretical	s. This inclu	ides practic		GCSE P.E st	tudents. Thi	expectations is includes p ations and w	ractical		g the high e tudents. This tical expeca	s includes p	practical
	O = ≔			an be linked to KS5 BTEC	to many careers within th Sport.		thin the spo		,				to many careers to KS5 BTEC Sport.	Sports psych careers with KS5 BTEC Sp	nin the spor			to many ca		n the sports				ne sports in	
	• 				extracurricular clubs for utside of school.	extracurrio		ed to attend or their 3 ch school.					d extracurricular ide and outside of	All GCSE purextracurricu	lar clubs fo	or their 3 ch		extracurric	ular clubs f	ted to attend for their 3 ch side of school	osen	extracurric	upils expecte ular clubs fo de and outsi	or their 3 ch	hosen

Subject group	Faculty	PE
	Subject	Year 11 BTEC

11		Term Aut 1 Unit	1	Term Aut 2	Unit	2	Term Spr 1	Unit	3	Term Spr 2	Unit	4	Term	Sum 1 Unit	5	Term	Sum 2	Jnit 6
/ear		Curriculum / Sylli	abus coverage	Curriculum / Syllabus coverage			Curricul	um / Syllabus co	verage		Syllabus covera	•		culum / Syllabus co		Curriculum / Syllabus coverage		
	Unit title	Component 2 (BTEC To	ech Award in Sport)	Component 2 (BTEC Tech Award in Sport)			Component 2 (BTEC Tech Award in Sport)			Component 2 (BTEC Tech Award in Sport)			Component 2 (BTEC Tech Award in Sport)			Component 3 Resit (BTEC Tech Award in Sport)		
	Subje nowled roduce veloped revis	Introduced - Components of phy Developed - Know the impact of sport. Revised - none		Introduced - Techniqu required for sport. Developed - Rules and Revised - Components	l regulations of	f sports.	Introduced - Officia rules. Developed - Practic regulationns. Revised - Technique	al application of	f rules and	Introduced - Develo performance. Developed - Creatio improve performanc Revised - Officials +	n of drills and to		sessions to in Practical deli	Planning drills + to mprove sport. ivery of sport spec ort performance.	Developed -	testing, train How to implexercise.	- Components on ning principles rove fitness for gramme design	sport and Revised -
	sk velope xtende us	Developed - indentification and Extended - Application of knowl examples. Used - Literacy and Reading		Developed - indentifice terms. Extended - Application sporting examples. Used - Literacy and Re	n of knowledge	to practical	Developed - indent Extended - Applicat sporting examples. Used - Literacy and	ion of knowledg	Developed - indentiferms. Extended - Application practical sporting ex Used - Literacy and I	on of knowledg amples.	•	terms. Extended - A practical spo	indentification and application of know riting examples. acy and Reading	•	terms.			
	uniti evelo pectf udes on an	Establishing the high expectations for all BTEC Sport students. This includes theoretical and private study expecations and work ethic.			· ·					Establishing the high Sport students. This private study expeca	includes theore	0 0 .			Establishing the high expectations for a BTEC Sport students. This includes theoretical and private study expecatio and work ethic.			
		All component 2 content can be within the sports industry + KS5				All component 2 content can be linked to many careers within the sports industry + KSS BTEC courses			All component 2 content can be linked to s many careers within the sports industry + KS5 BTEC courses			All component 2 content can be linked to 5 many careers within the sports industry + KS5 BTEC courses			All component 3 content can be linked to many careers within the sports industry + KS5 BTEC courses			
	0 = - C	All BTEC pupils expected to atter experience a variety of sports.	nd extracurricular clubs to	All BTEC pupils expect extracurricular clubs to sports.			All BTEC pupils expected and a contract of the			All BTEC pupils expe extracurricular clubs sports.		a variety of		ils expected to att lar clubs to experie			oils expected to lar clubs to exp	erience a variety

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	Subject group	Faculty	PE
		Subject	Year 12 BTEC Sport

12		Term Aut 1 Unit 1	Term Aut 2 Unit 2	Term Spr 1 Unit 3	Term Spr 2 Unit 4	Term Sum 1 Unit 5	Term Sum 2 Unit 6
/ear		Curriculum / Syllabus coverage	Curriculum / Syllabus coverage	Curriculum / Syllabus coverage	Curriculum / Syllabus coverage	Curriculum / Syllabus coverage	Curriculum / Syllabus coverage
	Unit title	Unit 1 - Skeletal System + Unit 2 Lifestyle Factors	Unit 1 - Muscular system + Unit 2 Screening process	Unit 1 Respiratory system + Unit 2 Nutritional needs	Unit 1 Cardiovascular system + Unit 2 Training methods	Unit 1 Energy systems + Unit 2 Training programme design	Application of fitness testing
	Su now rodu relo	Introduced - Structure/function & adaptations of skeletal system. Developed - Effects of positive & negative lifestyle factors. Revised - none	Introduced - Structure/function & adaptations of muscular system. Developed - Protocols and data for the screening process. Revised - Skeletal system + lifestyle	Introduced - Structure/function & adaptations of respiratory system. Developed - Whats make a balanced diet? Revised - Muscular system	Introduced - Structure/function & adaptations of cardio system. Developed - Training methods for different sports. Revised - Respiratory system	adaptations of energy system.	Introduced - Validity and relaibility Developed - Fitness test protocol for all fitness components. Revised - Unit 1 & Unit 2 content
	ski velopec xtendec us	Developed - indentification and recall of key terms. Extended - Application of knowledge to practical sporting examples. Used - Literacy and Reading	Developed - indentification and recall of key terms. Extended - Application of knowledge to practical sporting examples. Used - literacy and Reading	Developed - indentification and recall of key terms. Extended - Application of knowledge to practical sporting examples. Used - Literacy and Reading	Developed - indentification and recall of key terms. Extended - Application of knowledge to practical sporting examples. Used - Literacy and Reading	terms.	Developed - indentification and recall of key terms. Extended - Application of knowledge to practical sporting examples. Used - Literacy and Reading
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	ω O ≅ ≔	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.	All Unit 1 & 2 content can be linked to many careers within the sports industry + higher education courses.
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Subject group	Faculty	PE
	Subject	Year 13 BTEC Sport

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