

# Physical Education

OCR A-Level (TBC)

## The Course

This course provides you with the exciting opportunity to gain a deeper understanding of PE. Studying A Level PE gives you a fantastic insight into the amazing world of sports performance. Not only do you have the chance to perform or coach a sport through the non-exam assessment component, you can also develop a wide-ranging knowledge into the how and why of physical activity and sport. The A Level in PE is studied through a range of different contexts. You learn the reasons why we do things and why some people outperform others – mentally and physically. You'll also delve into the ethical considerations behind the use of drugs and also the influence that modern technology is having on physical activity and sport.

## Assessment

The A Level PE specification content is divided into five components.

Components 1–3 are assessed via written examination papers. Components 4 and 5 are NEA (non-exam assessment or coursework) and are internally assessed, externally moderated.

## Entry Requirements

Pathway 2 entry requirements plus:

- Grade 5+ in GCSE PE

## Careers & Higher Education

This course could lead to a range of careers including fitness instructor, personal trainer, PE teacher, sports coach. Students could also progress to University degrees in sport or fitness.



*"Sport has the power to change the world. It has the power to inspire. It has the power to unite in a way little else does. Sport can awaken hope where there was previously only despair"*  
Nelson Mandela

