

# THEATRE ARTS

## Year 10 Component 2: developing skills and techniques in Performing Arts /Acting

During this unit you are developing your skills as a performer. Focusing on developing skills and techniques through practical work and working towards a live performance.

## Resources

Scripts from lessons, recordings of choreography from lessons, feedback given by director/choreography and peers, examples of past work, watching existing performance repertoire of the performance you are learning.

## Key Vocabulary

- Alignment** – being able to main posture and placement of your body
- Body language** – to communicate physically without words
- Coordination** – to allow different parts of your body to work together
- Characterisation** – to create a character in performance
- Dynamic Range** – the difference between loud/quiet, strong/soft
- Energy** – the emphasis and effort you put into your performance
- Expression** – the way in which you convey emotions through your performance
- Flexibility** – moving the body fluidly
- Focus and control** – performing with concentration and control behind your performance
- Gesture** – a movement of part of the body, especially the hand or head, to express an idea or meaning
- Movement memory** – the automatic recall of learned movement material, without consciously thinking about it
- Pace** – the speed of movement or delivery of lines
- Pitch** – the use of high and low in your voice when singing or delivering dialogue
- Posture** – the way that you place your body, the way you stand
- Phrasing** – the way in which the energy is distributed in the execution of a movement phrase of a piece of dialogue
- Projection** – the energy you use to connect with the audience and they way in which you project your voice
- Rhythm** – a strong, regular repeated pattern of movement or sound. Keeping in time to the piece of music
- Reaction/interaction with others** – how you work with the other performers
- Stamina** – ability to maintain physical energy over periods of time
- Spatial awareness** – being conscious of the surrounding space and its effective use
- Musicality** – the ability to make the unique qualities of the accompaniment evident in performance
- Stage presence** – the charisma or charm that a performer has on stage



<b>Rehearsal Process</b>	Participating in a series of rehearsals where you develop skills and techniques applicable to your performance style of <b>Musical Theatre or Acting</b> . Continuing to develop your skills and techniques in a range of different performance types, styles and repertoire (existing performance material that you learn and recall).
<b>Health and Safety</b>	Working safely in the performance space during rehearsals. Participating in warm up and cool downs. Working together to support each other and ensuring that performances are fully rehearsed.
<b>Behaviours and attitudes with working with others</b>	How to cooperate with each other, being supportive, listening to others, punctuality to rehearsals, consistency and commitment, reliability, being prepared by learning and material between rehearsals, respecting other's opinions and skills.
<b>Reviewing and recording the development of your skills</b>	Documenting the techniques and progress you make in each rehearsal.
<b>Responding to feedback</b>	Listening to feedback, absorbing it and applying corrections to your work.
<b>Reproducing existing performance material</b>	Learning scripts, songs and dances from existing performances. Learning lines, lyrics and movements, blocking, stage directions, choreography. Being able to interpret a character and developing relationships on the stage.
<b>Responding to direction</b>	Being given directions from the director and applying to your performance.
<b>Application of physical skills in a performance</b>	The skills that you need to use in your body when performing either musical theatre or acting, using correct technique and successfully performing your role. Performing these skills in front of an audience.
<b>Other Performing and Interpretive Skills</b>	Applying skills to your performance discipline that make the performance finished and entertaining to watch. The final skills that give your performance flair and draw the audience into a believable performance.
<b>Reviewing your own development and application of skills</b>	Tracking progress throughout the process of rehearsal to performance, identifying strengths and areas for development, actions and targets for improvement, referring to professional working practices, actions for future performances.