

Manners

Key Terms

Communication	Talking, gesturing, and writing between yourself and someone else
Respect	Consideration of the feelings and rights of others
Appropriate	Suitable for a situation
Inappropriate	Unsuitable for a situation
Offensive	Something that causes someone to be upset or angry because it is rude.

Traditional British Manners

- Say please and thank you
- Hold doors open for people
- Queue nicely
- Put rubbish in a bin
- Wipe your feet and take you shoes off when going into someone's house
- Cover your mouth when you sneeze or cough
- Give up your seat on a bus or train for an older person
- Greet people in an acceptable way – say "hello" rather than grunt



Polite

Giving up a seat for someone more in need
 Following the instructions of teachers and school staff
 Following the instructions of parents and carers
 Being respectful of the environment
 Speaking to others using kind words
 Speaking to others at the appropriate volume

Rude

Swearing at or around other people
 Not respecting someone else's culture
 Shouting and screaming when it is not appropriate
 Swearing gestures at other people
 Not respecting other people's personal space

Drug awareness

Effects of drug use

Exhaustion: Feeling very tired

Increased heart rate: Heart beating fast

Depression: Feeling very sad for a long time

Disorientation: Not being aware of where or who you are and what you're doing

Poverty: Not have very much money

Addiction: Feeling like you have to have the drugs all the time

Loneliness: Losing friends and relationships with family members

Weight Loss

Suicidal: Considering ending your own life

Stealing: taking money or things to sell from other people without permission

Paranoia: Worrying that someone is after you

Debt: owing people a lot of money

Different Kinds of drugs and their specific effects

Street names and correct names

What each drug looks like

The effects on the mind and body

What the risks are

How each drug is taken

Cannabis

Cocaine

Ecstasy

Heroin

Ketamine

Ecstasy

Nitrous Oxide

New Psychoactive Substances

Resisting peer pressure

- Making smart choices
- Standing up for yourself
- Speaking your mind respectfully
- Thinking about consequences

Revision Techniques

Posters

Presenting information with pictures to summarise topics

Works well for: All topics

Quiz

Creating a fun question and answer quiz about a topic with friends who study the same topic.

Works well for: All subjects

Mind Maps

Linking information together visually.

Works well for: all subjects

Role Play

A group of students studying the same thing acting it out to remind themselves of the information.

Works well for: English, Performing arts

Board games

Creating a board game similar to monopoly, snap, snakes and ladders in which you must answer questions on the topic correctly to advance.

Works well for: All subjects

Powerpoints

Information summaries topic by topic on separate powerpoint slides

Works well for: All subjects

Careers

Key Terms	
Skills	Something you can learn or are naturally good at
Qualities	A personal attribute that can describe the kind of person you are
Qualifications	The tests you have done to prove your skills (e.g. GCSE)
Salary	The amount of money someone is paid for doing their job
Routine	The things that someone does repetitively, like daily tasks

Identify the qualities and skills each student has
Identify jobs that would fit well
Identify each student's own goals and ambitions

Positive skills useful for work

- Communication
- Customer service
- Confidence in IT
- Experience of using Microsoft programmes
- Knowledge on how to write professionally

Positive qualities useful for work

- Responsibility
- Maturity
- Reliability
- Approachable
- Eager to learn
- Commitment
- Professionalism

Water Safety

Mulberry Harbour

one of 135 units that were built on the banks of the river Thames. This particular unit was one of several that were anchored in the Thames awaiting movement round to Dungeness on the Kent coastline.

Having broken away from its anchor the Phoenix ran aground & broke into 2 pieces where it has remained since 1944.



Safety Issues at Mulberry Harbour

Jumping off: breaking ankles, hypothermia, shock

Walking out: Getting caught at high tide, sunburn, heat exhaustion, stuck in mudflats

Using inflatables: Swept out by a current or strong tide

Dangers at the beach

- Playing games near cliff edges
- Using inflatables without a life jacket
- Going in water where there is no lifeguard
- Not looking where you are going and tripping/ stepping on something dangerous
- Walking out at low tide and getting stranded on a sandbank
- Swimming too close to boats
- Surfing / paddleboarding too close to swimmers
- Storms approaching
- Staying in cold water for extended periods of time
- Going into deep water when you're not a strong swimmer
- Not wearing sunscreen, a t shirt and a hat and getting sunburn
- Falling asleep in the sun and getting sunburn