



Shoeburyness High School

Year 10 Careers & Work Experience Summer 2026



INCLUSIVENESS

FAMILY

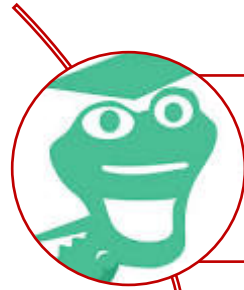
RESPECT

RESILIENCE

EXCELLENCE



KS4 Careers & Work Experience – July 2025



Unifrog Online Platform



Personal Guidance



Work Experience 2026



The Value of Career Related Learning at SHS

“High quality careers education and guidance in school or college is critical to young people’s futures. It helps to prepare them for the workplace by providing a clear understanding of the world of work..... It supports them to acquire the self-development and career management skills they need to achieve positive employment destinations”

DfE Statutory Guidance Sept 2022





Unifrog Online – All SHS Students Have An Account 😊

unifrog

Year 10 Profile Checklist



	date completed
Do your Interest profile quiz	
Favourite at least 3 subjects in the Subject library	
Favourite at least 3 careers you're interested in in the Careers library	
Explore the Know-how-library - favourite 3 guides relating to your favourite careers and subjects	
Record your Activities - have at least 7 recorded on there!	
Start writing your CV on the CV tool	
Read and favourite these University and employer profiles	



Southend Connexions – Personal Guidance

See a Careers Advisor

Do you need support in helping your son/daughter with finding further education, employment or training?

Our personal advisers can offer one to one information, advice and guidance with...

- CV writing
- Covering letters
- Vacancy information
- Finding the right courses
- Interview techniques
- Offering a range of educational providers, colleges and training providers
- Traineeships
- Looking for Apprenticeships
- Higher Education
- Personal Statement writing

All students at SHS will see Mr Cooper the specialist Southend Careers Advisor for a personal 1:1 interview in Year 10 and 11.

This discussion is also available for parents as a summarised document and is recorded on the Unifrog account as an activity.

connexions





The Value of Work Experience



The Speakers for Schools campaign – ‘Work Experience for All’ – has clear research to show that:

<p>1</p> <p>RAISES FUTURE SALARY</p> <p>For each additional type of work experience done, future annual earnings increase by £1,088*</p>	<p>2</p> <p>IMPROVES EMPLOYABILITY</p> <p>Attending work experience reduces the chance of becoming NEET from 11 to 7%*</p>
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YET, 66% OF YOUNG PEOPLE CAN'T RECALL DOING ANY WORK EXPERIENCE BETWEEN THE AGES OF 16-18, AND PRIVATELY EDUCATED STUDENTS ARE TWICE AS LIKELY TO DO MULTIPLE PLACEMENTS AS STATE SCHOOL STUDENTS.*

Why do Work Experience in Year 10?



- Opportunity of Job Seeking: research and application
- Experience of Full-Time work
- Although it is unpaid - it can 'open doors', some students have been rewarded for their engagement!
Encourages discipline, adaptability, independence, self-confidence & resilience
- Teaches transferable skills e.g. problem solving, communication, teamwork, practical skills, organisation, networking
- Raises Aspirations
- Enhances your CV
- Can provide employment opportunities.....



What employers are suitable?

- Unless exempt, employers **MUST** have Employers Liability Insurance (ELI). A copy of the certificate will need to be uploaded/seen before a placement is approved.
- Employers must be willing to complete the Unifrog Health & Safety questions or have an in-person visit to complete a Health & Safety questionnaire.
- Employers must offer a minimum of 4 hours a day, preferably for 5 days in the week.

What Types of Employers have taken Year 10 Students Previously:



Catering & Hospitality

Banking & Financial Services

Administration & Office Work

- Solicitors
- Estate Agents
- Public & Private companies
- Local council & Government offices

Animal Care

- Pet shops
- Veterinary care
- Kennels/Catteries
- Pet Groomers/Pet café's
- Stables

Education & Pre-School

Hair & Beauty

Warehouse

- Stock taking
- Picking & Packing orders
- Light administration duties

Conservation & Horticulture

- Garden centre's
- Wildlife Trusts
- Public Park maintenance (Southend)
- Garden maintenance companies
- Landscaping & Tree surgeons

What Types of Employers have taken Year 10 Students Previously:

Continued....

Motor Mechanics & Transport

- Motor Mechanics and workshops
- Tyre workshops
- Railway stations and Transport for London

Construction, Manufacturing & Site Maintenance

- Engineering roles (e.g. component repair & maintenance, component construction...)
- Electrical and Alarm companies
- Joinery
- Construction trade (site work is not usually available for under 16's due to insurance)
- Building Maintenance companies

Retail & Others

- Shop floor (e.g. stocking shelves, stock rotation, customer service etc.)
- Charity shops
- Specialist shops (e.g. Music shops, florist, bakers etc.)
- Any other business or service industry

Sport, Recreation & Leisure

- Gyms & Leisure Centres
- School PE Departments
- Stage & Dance schools
- Sports clubs
- Children's Entertainment Venues





Administration of Work Experience Placements

- All placements will be processed via the Unifrog Placement Tool
- The majority will be processed automatically after being input by the student as they are low risk
- The school will monitor and can intervene manually if a placement carries a higher risk or requires any additional assessment that Unifrog does not cover.

Where Do I Upload My Placement to Unifrog?

- On your home page – Scroll down to the coloured boxes and open ‘Placements / New’ – Add the information from your paperwork / form here

The screenshot shows the Unifrog user interface. At the top left is the Unifrog logo. A navigation bar includes links for HOME, FAVOURITES, LOCKER, APPLY, HELP, and a search icon, along with a 'TEACHER' button. Below the navigation bar, a message reads 'Hello Louise, here's a summary of your progress so far...'. A circular progress indicator shows '0% complete'. To the right is a grid of feature boxes:

- Skills profile**: Quiz not taken
- Activities**: Recorded at least 10
- UK universities**: 0 shortlists
- Quiz profile**: 0 of 4 quizzes complete
- Skills**: Completed all 12
- Oxbridge**: 0 shortlists
- Interactions**: Missing 6 Interaction types
- Apprenticeships**: 0 shortlists
- Careers library**: Careers favoured
- Academics**: No Classes selected
- College / Sixth Form**: 0 shortlists
- Subjects library**: Subjects favoured
- Placements**: No placements added

An arrow points from the text 'Add the information from your paperwork / form here' to the 'Placements' box.

How does the school help students find a placement?



- Weekly after-school sessions in BS1 on Tuesdays – starting in January 2026.
- Regular tutor group discussions / Spreadsheet to Log placements
- Contact staff if you need support! Email or find me in person – my careers office is next to the main reception.
- Attend the after-school session on Tuesdays for help!



Common Questions....

What if I am sick?

Both the employer and the school need to be informed of any sickness.

What if I don't enjoy what they ask me to do?

Most people will be asked to do something they do not enjoy in their work life. Make sure that you know the sort of tasks that you will be asked to do BEFORE you agree the placement. If you do not think that you will enjoy any of the work, think about looking for a different placement.

My Mum/Dad are working from home. Can I do my work experience with them?

Generally, the answer to this will be No, as we want you to gain a 'real' work experience. We also don't allow for virtual or online experience.

Do I have to do my work experience in the Southend area?

No. You are welcome to look outside of the area, in fact it is sometimes easier to find a placement. However, the school cannot fund travel costs, and travel times should be considered when committing to a certain start or finish time to the day.



Key Dates & Contacts

- **21st June : Deadline for Placements to be on Unifrog**
- **Work Experience Dates: 13 – 23 July 2025 (9 working days)**

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This presentation will be uploaded to the school website under
LEARNING / WORK EXPERIENCE