

Tutor Curriculum: Unifrog Careers: 2025-26 – Year 10

Week Bgn:	Activity	Teacher PowerPoint	Digital Booklet	Computers	
9 SEP	Tutor Intro to Unifrog - Students Login & Set Passwords	Link	Video	No	UNIFROG INTRO.
16 SEP	Review of CEIAG Provision on School Website - Careerometer			No	
23 SEP	Reflecting on my career journey: past, present, and future Part 1	Link	Link	No	
30 SEP	Reflecting on my career journey: past, present, and future Part 1	Link	Link	No	
7 OCT	Reflecting on my career journey: past, present, and future Part 2	Link	Link	No	
14 OCT	Reflecting on my career journey: past, present, and future Part 2	Link	Link	No	
21 OCT					
Half Term					
4 NOV	Wellbeing in the Workplace – Part 1	Link	Link	No	WORKPLACE
11 NOV	Wellbeing in the Workplace – Part 1	Link	Link	No	
18 NOV	Wellbeing in the Workplace – Part 2	Link	Link	No	
25 NOV	Wellbeing in the Workplace – Part 2	Link	Link	No	
2 DEC	In person, hybrid and remote: what works best? – Part 1	Link	Link	No	
9 DEC	In person, hybrid and remote: what works best? – Part 2	Link	Link	No	
16 DEC	In person, hybrid and remote: what works best? – Part 3/4	Link	Link	No	
Christmas Holiday					
6 JAN	What type of career is best for me? Part 1	Link	Link	No	CAREERS
13 JAN	What type of career is best for me? Part 2	Link	Link	No	
20 JAN	What type of career is best for me? Part 3	Link	Link	No	
27 JAN	What type of career is best for me? Part 4	Link	Link	No	
3 FEB	The Basics of Interviews	Link	Link	No	
10 FEB	Work Experience – Preparing for Interviews	Link	Link	No	
Half Term					
24 FEB	Work Experience Prep – Admin / Spreadsheet			No	W.E.X PREP
3 MAR	NATIONAL CAREERS WEEK ACTIVITIES			No	
10 MAR	Work Experience Prep – Admin / Spreadsheet			No	
17 MAR	Work Experience Prep – Admin / Spreadsheet			No	
2 MAR	Work Experience Prep – Admin / Spreadsheet			No	
31 MAR	Work Experience Prep – Admin / Spreadsheet			No	
Easter Holiday					
21 APR	PSYCHOMETRIC TESTING	Link	N/A	Yes	MOCK INTERVIEWS
28 APR	PSYCHOMETRIC TESTING	Link	N/A	Yes	
5 MAY	Exploring employer profiles – Part 1	Link	Link	Yes	
12 MAY	Exploring employer profiles – Part 2	Link	Link	Yes	
19 MAY	Using the Interests Profile	Link	N/A	Yes	
Half Term					
2 JUNE	Complete Y10 Profile Checklist	Link	Link	No	WORK EXPERIENCE
9 JUNE	Work Experience Finalised / Prep.			No	
16 JUNE	Work Experience Finalised / Prep.			No	
23 JUNE	Work Experience Finalised / Prep.				
30 JUNE	MOCK EXAMS				

7 JULY	MOCK EXAMS				
14 JULY	WORK EXPERIENCE				
21 JULY	WORK EXPERIENCE				
Summer Holidays					