



Southend Educational Psychology Service Upcoming Parent Coffee Mornings

Introduction to Barriers to School Attendance (Part 1)

Designed to support parents and carers of both primary and secondary-aged children, this session provides a clear introduction to Emotionally Based School Non-Attendance (EBSNA), including key facts, research, and current understanding. It explores common risk and protective factors, helping parents recognise what may make school attendance more difficult, as well as what can support a child's resilience. The session also highlights early signs to look out for when a child may be beginning to experience EBSNA. In addition, parents will be introduced to early intervention strategies, the role of multi-agency support, and a range of helpful services and resources available to support both children and families.

05/11/2026- 10am-11am, Online via Microsoft Teams

26/11/2026 - 10am-11am, Online via Microsoft Teams

21/01/2027- 10am-11am, Online via Microsoft Teams

03/02/2027 - 10am-11am, Civic Centre, Committee Room 3

20/04/2027 - 10am-11am, Online via Microsoft Teams

10/06/2027- 10am-11am, Civic Centre, Committee Room 3

**If you are joining a session online, via Microsoft Teams, please email:
EPTeam@southend.gov.uk for the meeting link.**



Southend Educational Psychology Service Upcoming Parent Coffee Mornings

Barriers to School Attendance (Part 2)

Our part two parent session to 'Barriers to School Attendance' equips parents with practical tools and early-intervention strategies to support their child's attendance from home. It helps families better understand the reasons behind emotionally based school Non-Attendance (EBSNA) and why consistent support is so important. The session is designed to build confidence and hope, offering clear, achievable steps parents can take to make a positive difference.

08/12/2026- 10am-11am, Civic Centre, Committee Room 6

09/02/2027- 10am-11am, Civic Centre, Committee Room 6

18/03/2027 - 10am-11am, Online via Microsoft Teams

06/05/2027- 10am-11am, Civic Centre, Committee Room 3

22/06/2026- 10am-11am, Online via Microsoft Teams

**If you are joining a session online, via Microsoft Teams, please email:
EPTeam@southend.gov.uk for the meeting link.**