

Course teachers

- Year 12: Mr Gleeson, Mrs Robins & Mr Seaman
- Year 13: Mrs Robins, Mr Seaman & Mrs Skinner

Exam board: Pearson (BTEC)

www.qualifications.pearson.com

Assessment Scheme

The course is assessed through a mixture of external exams and internal coursework tasks. In year 12 you will complete two external exams:

- Unit 1: Anatomy and Physiology – 1hr 30m written exam
- Unit 2: Fitness training and programming for health, sport and well-being – 2hr 30m written synoptic assessment

You will then complete two internally assessed coursework units in year 13.

- Unit 3: Professional development in sport.
- Unit 5: Application of fitness testing.

Course expectations

- Complete a **minimum** of 4 hours independent study per week (see middle pages).
- Create a structured revision schedule for the two externally assessed exams – stick to it!
- Be resilient. Don't give up. Make the effort that is required to be successful.
- Ask for help. Find your teachers outside lessons
- Ensure all coursework deadlines are met and that work submitted is proof read.
- Follow our advice...we know what it takes for you to succeed!

Shoeburyness High School

Sixth Form

Start of Course Information

BTEC Sport

Level 3

The Level 3 BTEC Sport qualification allows you to discover the essential skills you will need when looking to build a career in the sports sector.

It will give you an insight into the various roles you can undertake in sport and will give you the opportunity to progress into employment or further studies in the sport and leisure industry.

The course is broken up into a number of units that provide a broad basis of study for the sports sector. There are a variety of assessment methods from external exams to internally assessed coursework tasks.

Shoeburyness High School Sixth Form

<p><u>Review the week's class notes</u></p> <ul style="list-style-type: none"> • Read through your notes • Rewrite notes from memory and then check • Learn definitions/keywords • Summarise notes into revision sheets/posters/mind maps • Redo practice questions from lessons • Repeat this in short bursts every day! 	<p>BTEC Sport Students: You must complete a minimum of 4 hours of independent study per week!</p>	<p><u>Read the text book/revision guide/webpages</u></p> <ul style="list-style-type: none"> • Review key book chapters from BTEC Sport student book 1. • Complete practice questions from the book chapters covering recent topics • Summarise book notes into revision sheets/posters/mind maps • Read ahead of the classwork course • Borrow student books 1 from P.E office (Mr Gleeson)
<p><u>Learn everything!</u></p> <ul style="list-style-type: none"> • Learn all keywords • Learn all spellings • Learn all definitions • Learn all labels on diagrams • Relate all to sporting examples • Learn all key principles • Practice – test yourself!!! • Repeat this in short bursts every day! 	<p><u>Complete past paper questions</u></p> <ul style="list-style-type: none"> • Download BTEC past papers • List the topics which are tested most regularly • Make notes on styles of questions asked on each topic (state, describe, explain, calculate, evaluate etc.) • Complete questions on recent class topics • Practise essay questions on key topics 	<p><u>Read around the subject</u></p> <ul style="list-style-type: none"> • Use alternative BTEC/A Level text books to read around the subject • Review recent classwork topics • Read ahead on future topics • Use appropriate websites. • Use the student pool drive to obtain additional notes and reading materials.